

The Holding Space Program Events Schedule

(On-campus at CSU Albury/Wodonga)

Supporting the emotional journey of implementing trauma-informed practice in early childhood settings

<https://arts-ed.csu.edu.au/schools/education/events/holding-space>

4th March 2025 - 6.00pm-7.30pm

- Stress, Trauma, and the Brain: The Power of Connection (the little moments) AND Introducing the Neurosequential Model

1st April 2025 - 6.00pm-7.30pm

- Stress, Trauma, and the Brain: The Neurosequential Model

13th May 2025 - 6.00pm-7.30pm

- Stress, Trauma, and the Brain: How Stress Impacts the Brain

10th June 2025 6.00pm-7.30pm

- Stress, Trauma, and the Brain: Regulating Yourself and Your Room

15th July 2025 6.00pm-7.30pm

- Stress, Trauma, and the Brain: Educator Strategies

19th August 2025 6.00pm-7.30pm

- Stress, Trauma, and the Brain: Family Communication

Saturday 18th October 2025

- Full day symposium featuring hands-on workshops and more (details to follow)