

Charles Sturt University

Accredited exercise scientist (AES)

Study the Bachelor of Exercise and Sport Science

Get a wide range of career opportunities, including the following.

Sports administration/governance and preventative health	Fitness, performance and coaching	Corporate and community health	Additional study required
 Health policy Health promotion Sport and exercise facility manager Sports administrator Sports and recreation roles Sports program manager 	 Athlete development officer Exercise scientist Fitness/gym instructor Health and fitness coach/consultant Personal/sports trainer Strength and conditioning/sports coach 	 Allied health assistant Corporate health and wellbeing Ergonomic assessment and health checks Healthy ageing disability roles Occupational health and safety roles 	Accredited exercise physiologist (AEP) Masters of Clinical Exercise Physiology Research Assistant Bachelor of Science (Honours) University teaching/Research Lead Doctor of Philosophy

Plus build a foundation toward graduate entry and postgraduate study, including courses in:

- Clinical exercise physiology
- Speech pathology
- Occupational therapy
- Physiotherapy



Learn more

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study.csu.edu.au/exercise-sport