



BACHELOR OF HEALTH AND REHABILITATION SCIENCE

> **Why study Health and Rehabilitation Science?**

Studies in health and rehabilitation science provide you with the knowledge and skills required for a rewarding career in a broad range of health care roles. Through the management, coordination and delivery of rehabilitation programs, you can help improve and maintain patients' quality of life.

If you want to be a professional health care worker with the opportunity to have an integral role in multidisciplinary health care teams, particularly in regional and remote locations, and meet the future challenges of the Australian health care system, then CSU's Bachelor of Health and Rehabilitation Science is for you.

> **What is CSU's Bachelor of Health and Rehabilitation Science?**

CSU's Bachelor of Health and Rehabilitation Science can be studied full-time over three years at CSU in Albury-Wodonga, or part-time over six years online. Students can choose to exit the course with a University Certificate in Health and Rehabilitation Science following successful completion of the first eight subjects, or with an Associate Degree in Health and Rehabilitation Science following successful completion of the first 14 subjects.

> **What will I study?**

You will develop a holistic approach to health and rehabilitation, including physiological, anatomical, psychological and socio-cultural factors. You will gain:

- an understanding of the principles of rehabilitation
- extensive knowledge of anatomy and how the body functions
- knowledge about human development
- an understanding of psychology and sociology
- extensive knowledge of disease and the medications used to treat disease
- the skills to run a health education / community development program
- knowledge of exercise science, including musculoskeletal and cardiovascular functioning
- skills and knowledge in communication and group work.

Some reasons for studying Health and Rehabilitation Science at CSU:

CSU is a leading provider of higher education allied health courses in Australia.

This course prepares graduates for a wide range of career opportunities.

Study on campus in Albury-Wodonga, or online anywhere, anytime.



I knew that I would be well grounded in the basic health sciences and that I would be able to go into a more specialised field of study such as physiotherapy or occupational therapy as a graduate student once I had completed my degree. What really attracted me to CSU was the

FLEXIBILITY OF STUDY OPTIONS.

Fiona Pegler

Health and Rehabilitation Science student

About CSU

CSU is a national university focusing on excellence in education for the professions, strategic and applied research, and flexible delivery of learning and teaching. We work in close association with industry, professions and government to ensure our courses meet and support industry needs, resulting in high graduate employment levels and starting salaries. We attract more than 38,000 students from Australia and around the world and are well-known for our innovative approach to education, offering practical, hands-on courses, supported online to provide our students with accessible, world class education.

visit
www.csu.edu.au

Career opportunities

As a graduate you will possess a broad range of foundation health care skills and knowledge, providing you with career opportunities across the entire health care sector. You could find work in health practice that supports the work of other health professionals including doctors, occupational therapists, nurses, physiotherapists, podiatrists and speech pathologists in the private and public health sectors.

Other possible roles include:

- community development officer
- health coordinator / program coordinator
- health project officer
- care services manager
- client liaison assistant / community liaison officer
- rural outreach diversion worker.

How will I learn?

You will learn through case studies and practical and community experiences, including an optional major project on the wellbeing of a community. You will develop practical skills using state-of-the-art allied health facilities at CSU's Albury-Wodonga Campus, which include an anatomy laboratory, musculoskeletal skills assessment space, movement laboratory with high-tech gait analysis equipment, and a mock clinic in which you will develop your examination, strapping and manual muscle testing skills and your ability to assess joint range of motion. If you choose to study online, you will be required attend a residential school on campus, where you will use CSU's facilities to develop key skills, and work face-to-face with lecturers and fellow students.

Admission requirements

While there are no Year 12 subjects specified as a prerequisite for admission, the course includes science-based subjects. You will benefit from having studied mathematics and English as well as science subjects such as physics and biology. CSU offers STUDY LINK preparatory subjects to boost your skills and confidence in particular subject areas before you start your degree.

Visit: www.csu.edu.au/studylink

Credit and pathways

This course is suitable for students who have just completed Year 12, or for people who have already left school and are interested in a career in the healthcare industry. It can provide the next step from TAFE or workplace experience into university.

Applicants who have completed relevant TAFE study may be eligible to receive credit towards this degree. Visit the TAFE pathway programs page for more information at: futurestudents.csu.edu.au/study-options/pathways/tafe

This course also provides a pathway into other health programs at CSU, including Occupational Therapy, Physiotherapy, Podiatric Medicine or Speech and Language Pathology, as well as postgraduate study.

For more information or to apply, visit:

www.csu.edu.au/courses/health-and-rehabilitation-science



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The Commonwealth Register of Institutions and Courses for Overseas Students (CRICOS) Provider Number for Charles Sturt University is 00005F.
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