What internet connection do I need to run Online Meeting?

The Quickstart Guide for Participants suggests that participants have an internet connection of at least 512Kbps (kilobits per second).

Hosts and Presenters ideally should have a higher rate ADSL or cable connection.

Hosts can alter the internet connection speed under “Meeting” “Preferences” “Room Bandwidth”

For more information:
1. see
   - Quickstart Guide for Participants

2. visit:
   - Adobe Connect Pro YouTube channel
   - Learn Adobe Connect