

9 March 2020

## Decision tree – contact with confirmed case



Remember to practice correct hygiene at all times:

- washing your hands often with soap and water
- using a tissue and cover your mouth when you cough or sneeze
- avoiding close contact with others, such as touching

For further information on close contact: <u>https://www.health.nsw.gov.au/Infectious/factsheets/Pages/novel-</u> coronavirus-close-contact.aspx

For further information on casual contact: <u>https://www.health.nsw.gov.au/Infectious/factsheets/Pages/novel-</u> coronavirus-casual-contact.aspx

Isolation guidelines: <u>https://www.health.gov.au/sites/default/files/documents/2020/02/coronavirus-covid-19-isolation-guidance\_1.pdf</u>

## Should I self-isolate?

## You must self-isolate if:

- If you have left, or transited through, mainland China, Iran or South Korea in the last 14 days, you must isolate yourself for 14 days from the date of departure.
- If you have been in close contact with a proven case of coronavirus, you must isolate yourself for 14 days from the date of last contact with the confirmed case.

If you are well – you should work/study from home and notify your manager and log an incident at incident.csu.edu.au

Monitor your symptoms:

• If you begin developing symptoms, isolate yourself immediately, follow Federal Health guidelines and call 1800 020 080, so that a clinician can assess your risk and whether you are likely to require testing for COVID-19. Call 000 if an emergency.

## If you live with someone who is self-isolating for the above reasons:

- You are not required to self-isolate too.
- The person self-isolating should be: wearing a surgical mask when you are in the same room as another person, using a separate bathroom if available, avoiding shared or communal areas and wear a surgical mask when moving through these areas & discouraging other people from visiting your home while you are in isolation.
- If you begin developing symptoms, isolate yourself immediately, follow Federal Health guidelines and call 1800 020 080, so that a clinician can assess your risk and whether you are likely to require testing for COVID-19. Call 000 if an emergency.
- Remember to practice correct hygiene at all times:
  - $\circ$   $\;$  washing your hands often with soap and water  $\;$
  - $\circ$   $\,$  using a tissue and cover your mouth when you cough or sneeze
  - $\circ$   $\;$  avoiding close contact with others, such as touching

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