

HSR Progress



Issue 7
May 2019

Thought stimulus/Trivia: What is your stand on the significance test using $P = 0.05$ or 0.01 as the cuff values? Send in your thoughts to [Dr Shaoyu \(Shaun\) Wang](#) and you will have a little happy surprise!

Message from Deputy Jodie Kleinschafer:

Hi Everyone,

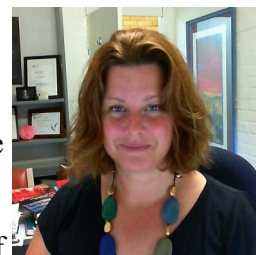
I am excited to have this opportunity to become deputy leader for this group and I would like to start by thanking Zahid for all of his great work in this role.

There is wonderful research and industry collaboration being conducted by the members of the HSRA group and in my role I hope that I can contribute to promoting that great work and supporting it into the future.

It would be great to continue to celebrate the successes of the HSRA team and to use the evidence of those successes to foster new research collaborations. The research seminar in October will be a great opportunity to come together as a group, to share our successes, to hear from industry and to identify possible areas for future research and collaboration.

Looking forward, I see value in ensuring that we promote the great work in the group to a broad group of stakeholders, to showcase what we can do and the impact of the work. This will build on the great work done by Shaoyu (Shaun) in our newsletter.

One final note, for those thinking about future grants, the “TRGS in Western NSW” research lecture, hosted by Western NSW LHD in Orange on the **25th of July**, is a great opportunity for those interested in applying for Translational Research Grants Scheme (TRGS) in the future. The speakers will be outlining what the scheme is all about and what makes a competitive grant. If you are interested in learning more about this please contact Alice.Munro@health.nsw.gov.au. JK



Warm welcome Dr Rabiul Islam

Dr Rabiul Islam obtained his PhD in psychology from University of Bristol. His PhD work endorsed psychological models for improving inter-ethnic relations through contact between majority and minority groups. One of his key papers introducing the models has been cited in 375 (Web of Science) subsequent scientific publications.



Last ten years, he has been researching in environmental social psychology area with a special interest in assessing disaster mental health and wellbeing through building strong community connections. His research interests relate to human factors in environmental psychology, coping, resilience and recovery from natural disasters, human rights of displaced population and climate justice.

Progress & Successes

Wang, Shaoyu and Zhang, Shujie (2019)
Leveraging budding yeast *Saccharomyces cerevisiae* for discovering aging modulation substances for functional food. *Functional Foods In Health And Disease* May 2019 (in press)

He is a committed member of Disaster and Community Resilience Research Group at Charles Sturt University which leads regular field studies in the area of coping strategies, disaster recovery and resilient community. He is a dynamic and engaging teacher and received Vice Chancellor's Teaching Excellence Award and Carrick (Australian Learning and Teaching Council) award for Citations for Outstanding Contributions to Student Learning. [RBI](#)

Member's Success Story

Creative Ageing: Evaluating Dementia-friendly, Arts-based Programs in Port Macquarie, NSW Using an Authentic Partnership Approach

Project team: Rylee Dionigi, Rosemary Black, Maree Berth, Sherry Dupuis, Lisa Hort & Debbie Sommers

The project is framed in an authentic partnership approach that involves 'working with' people living with dementia as partners, rather than 'caring for' them (Dupuis et al., 2012). This approach aligns with the relationship model of care; recognises how people living with dementia have traditionally been excluded; values joint learning and sharing; and incorporates the 'lived experiences' of everyone involved. It also includes regular critical reflection and highlights the collective capacity for social change and personal empowerment, particularly for people living with dementia (Dupuis et al., 2012).

Specifically, we want to enhance the quality of life of people living with dementia in the Port Macquarie area by examining their experiences in existing creative and arts-based programs. The arts are a powerful way to transform the lives of individuals and reduce the stigma and social exclusion associated with people living with dementia (Baines, 2007; Bungey & Clift, 2010; Dupuis et al., 2016a,b). Current local de-



mentia-friendly, Arts and Health programs, such as Creative Ageing Art, Hands-On-Heritage and TimeSlips Heritage, have not been formally evaluated, despite Port Macquarie being recognised by Dementia Australia NSW as a community taking positive steps to make it dementia-friendly (Bartholomew & Moore, 2014).

Our project highlights the need for qualitative case studies on such arts-based programs to tap into people's perceptions, memories and hopes, which gets to the heart of what a positive care experience can look like for people living with dementia (Dupuis et al., 2016b). Such research draws from the voices and contributions of people living with dementia, their families, carers, health care workers and community members to develop evidence-based models and guidelines for others delivering similar programs in Australia.

Therefore, qualitative research, with an authentic partnership approach, has the potential to translate into better clinical practice. It does this by collecting stories of dementia care in a variety of ways, identifying program strengths and best-practice examples of quality care experiences, and then using these as a foundation to facilitate change and improve care experiences for everyone involved. [RD](#)

The Orange Research Appreciation Group (ORAG)

Aims to create a peer network to bring together clinicians and students from all disciplines who are currently undertaking or planning to undertake research in Orange region. Contact: Dr Georgina Luscombe: georgina.luscombe@sydney.edu.au.

Members' Say:

What would you like to see in future HSR Progress issues? Will we see you be featured in future HSR Progress? If yes, send items to

[Dr Shaoyu \(Shaun\) Wang](#)

Goals of HSR Progress

To facilitate cross-fertilisation of ideas and foster collaborations within the group and with our partners.



HSR Progress Coordinator & Editor: Dr [Shaoyu \(Shaun\) Wang](#)
HSR Group Leader: Prof. [Oliver Burmeister](#) Deputy: [Dr Jodie Kleinschafer](#)
Note: Editor has the right to edit submissions without consulting submitters

