

# VOLUNTEERS NEEDED

## Does coloured rice have antioxidant and anti-inflammatory potential?

Researchers from the School of Biomedical Sciences and the Functional Grains Centre are currently seeking participants. We would like to hear from you if you fit the following criteria:

- Non-smoker
- Caucasian male or female aged 18 – 65 years
- Healthy BMI (18.5 – 24.9)
- No current or history of chronic diseases and not pregnant
- Not currently taking anti-inflammatory, multi-vitamins, anti-clotting or anti-dyslipidaemic medications
- No known problems with venepuncture

### What is required of you?

- Interview
- 3 visits to eat coloured rice
- Complete 2 questionnaires
- Give a small fasting blood sample and blood samples after rice eating the rice

A full explanation of the study and your blood results will be provided to you.

**Your participation will be greatly appreciated**

If you are interested or require further information please contact:

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