



Charles Sturt  
University

# The Family Empowerment Program



## The Other Side of Addiction:

Stories from the Family  
Empowerment Program

Supporting Rural Families Affected by Substance Use

We're proud to launch The Other Side of Addiction: Stories from the Family Empowerment Program, a powerful new podcast series sharing real stories, research, and reflections on supporting families impacted by substance use.



## With Heartfelt Thanks

We would like to thank the family members who participated in this podcast series and so openly shared their experiences. Your voices are at the heart of this project and will offer connection and insight to others navigating similar experiences. We also extend our sincere thanks to everyone who contributed to the Family Empowerment Program—your involvement has been invaluable.

## A 12-part series sharing real stories and expert insights

This 12-part series features impactful stories and reflections from family members who took part in the Family Empowerment Program, alongside insights from our researchers, psychologists, and professionals working to support families impacted by a loved one's substance use.

## Click below to access the full podcast series

You can listen to the full 12-part podcast series on Apple Podcasts, Spotify, or Pocket Casts - just click on a link below.

[Apple Podcasts](#)

[Spotify](#)

[Pocket Casts](#)

[The Family Empowerment Program](#) is funded by the Australian Government Department of Health and Aged Care.



Please feel free to share this newsletter with colleagues, community members, or anyone who may find it useful. If you have any questions or would like to learn more about the Family Empowerment Program, we'd be happy to hear from you.

Thank you for your continued interest and support.

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