



IF YOU HAVE A WORKERS COMPENSATION CLAIM, YOU MUST SEE A DOCTOR

When you sustain a **WORK RELATED** injury, it is important that you seek medical advice as soon as possible. You must advise your Supervisor/RTW **BEFORE** attending medical appointment to complete notification documents. It is also important to supply your RTW Coordinator with a WorkCover Medical Certificate.

Both the Workers Compensation Insurer and Charles Sturt Campus Services require that you attend regular reviews with your doctor for the duration of your recovery to pre-injury duties. This will allow you to discuss any concerns you have in relation to treatment for your injury.

The insurer will refer to your doctor as your “Nominated Treating Doctor” or NTD.

Your doctor will need to provide you with a WorkCover Medical Certificate each time you attend a review. **A WorkCover Medical Certificate is also required if you are unfit to work at any time, due to your injury or illness. A normal medical certificate may not be accepted by the insurer and this may affect your entitlements to benefits.**

It is helpful if you provide your doctor with specific details about how you injured yourself, your duties and hours of work.

The first time you see a doctor, he/she will provide you with an “**Initial**” medical certificate. An initial certificate will advise a diagnosis of your injury and proposed treatment plan (including referrals for physiotherapy, x-rays or scans).

At subsequent reviews, your doctor will provide you with “**Progress**” medical certificates. Progress certificates provide information about your capabilities at work, treatment required and next review date.

When your doctor considers that you have recovered sufficiently from your injury to return to your normal duties and hours of work, and you no longer require treatment, your doctor will provide you with a “**Final**” medical certificate.