

MENTAL HEALTH IN RURAL AVIATION STUDY

Exploring mental health reporting culture, policies and practices in rural commercial and private pilots in Australia



RURAL PILOTS: PLEASE SHARE YOUR EXPERIENCE

Although sound mental health is increasingly recognised as important for aviation safety, there is limited research specifically focused on rural and regional pilot communities in Australia. Rural pilots may face distinct challenges and we want to hear about your experience.

What does the study involve?

Complete an online interview and share your experience with mental health assessment, reporting and support within aviation regulatory frameworks.

Who can participate?

- Rural private pilots
- Rural or regional commercial pilots (e.g., charter operators, regular public transport, aeromedical services, agricultural operations)
- Current or recent aviation practice in Australia (within the past 5 years)
- Experience with aviation medical certification processes related to mental health
- Operating primarily in rural, regional or remote contexts in Australia

Why participate?

By exploring your experiences, this research aims to generate insights that will inform more supportive, proportionate and effective approaches to mental health management in rural aviation.



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SCAN TO FIND OUT MORE AND
EXPRESS INTEREST IN PARTICIPATING
or visit:

<https://science-health.csu.edu.au/schools/medicine/research/student-md-projects>

Research Team:

Assoc/ Prof Rachel Rossiter	Principal Supervisor / Investigator School of Rural Medicine, Charles Sturt University (CSU)
Sithu Reynolds	Student Researcher, School of Rural Medicine, CSU
Dr Indra Choudhury	Principal Co-ordinating Investigator School of Rural Medicine, CSU
Dr Sean Quinn	Co-Investigator / Clinical supervisor, Astley Medical Centre, St Mary's NSW

Ethics Approval Number: H26030

