



LEADERSHIP IN HEALTHY AGEING CSU WORKSHOP

Wangaratta Regional Study Centre 2019

Designed to strengthen community capacity in response to a growing ageing population in the Ovens Murray Region, Charles Sturt University (CSU) in conjunction with Department of Health Human Services Victoria (DHHS) have created a program that will help you to develop the skills to lead an effective response to community needs. It will connect you with colleagues and agencies, foster partnerships, and support innovative thinking in positioning your community as liveable and inclusive for older people.

"In the Ovens Murray region right now, people aged 60 and over account for an extraordinary 32% of our community. This means there are more people over 60 living, working, learning and contributing to our community than any other group in the population"
Sandy Austin, Director East Division Health, DHHS, August 2017

Feedback from the last course <https://www.youtube.com/watch?v=-V-IBTqHmhw>

You will learn how to:

- Understand and interpret various social models of ageing
- Examine the social determinants of health in ageing
- Analyse the choices and options available to older adults
- Create social policy and age friendly communities
- Develop individual and structural healthy ageing opportunities and
- Develop the systems necessary to support this work.

Module topics:

- Social determinants of health and ageing
- Creating healthy ageing opportunities and age friendly communities
- Leadership in developing age friendly communities

Each module will consist of a two day face to face workshop (6 days) and there will be three assessment items in total.

Successful completion of the course and assessments can give you a one subject credit, and offers a pathway to the CSU Graduate Certificate in Gerontology and Masters in Gerontology.

Course overview:

Module	Start date
Social determinants of health & ageing	July 2019
Creating opportunity in age friendly communities	September 2019
Leadership in developing age friendly communities	November 2019

Cost:

Three modules: \$2,400 plus GST

Scholarships may be available

Enquiries and registration:

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Register by: 15 June 2019